

Euxton Canoe Club Timetable 2009

April	Sunday	5 th	1:30pm	
	Sunday	19 th	1:30pm	
May	Friday	24 th	6:00pm	
	Sunday	3 rd	1:30pm	
	Friday	8 th	6:00pm	
	Sunday	17 th	1:30pm	
June	Friday	22 nd	6:00pm	
	Sunday	31 st	1:30pm	
	Friday	5 th	6:00pm	
July	Sunday	14 th	1:30pm	
	Friday	19 th	6:00pm	
	Sunday	28 th	1:30pm	
	Friday	3 rd	6:00pm	
August	Sunday	12 th	1:30pm	
	Friday	17 th	6:00pm	
	Sunday	26 th	1:30pm	
	Friday	31 st	6:00pm	
September	Sunday	2 nd	1:30pm	
	Friday	7 th	6:00pm	
	Sunday	16 th	1:30pm	
	Friday	21 st	6:00pm	
October	Friday	4 th	6:00pm	
	Sunday	13 th	1:30pm	
	Friday	18 th	6:00pm	
	Sunday	27 th	1:30pm	
	Sunday	4 th	1:30pm	
	Sunday	11 th	1:30pm	
	Sunday	25 th	1:30pm	
	Sunday			

Directions.

Off B5251 Chorley to Coppull, turn left in dip by Birkacre Garden Centre & follow brown "Yarrow Valley Country Park" sign straight into car park & bear right to meet by containers."

EUXTON CANOE CLUB 2009

INVITES NEWCOMERS
AND ESPECIALLY
WELCOMES WOMEN
AND GIRLS

TO SAMPLE

CANOEING

READ ON



The Reason.

In line with the aims of Awards for All, Chorley Borough Council and the BCU, Euxton Canoe Club would like to encourage more females into canoeing, especially from South Ribble & Chorley areas.



Presently our Membership Stands at about 50 active members of which 10 are female ranging in age from 11 to 30+

The Club.

Euxton Canoe Club has been going for 25 years. We mostly use single seat kayaks on lakes and rivers. We can provide over 15 kayaks and equipment (but not wet suits)

Coaching.

BCU qualified coaches will help you from unsteady beginnings up to 3 star qualification.

Venues.

Birkacre – weekly meetings from spring to autumn – see timetable overleaf.
Big Lodge, Birkacre near Coppull. (see back cover for directions)
Ashton Swimming Baths – Winter sessions for 1 hour on alternate Saturdays for practicing capsizing, rolling, rescues.
Rivers – More experienced kayakers like to take part in river trips ranging from gently scenic to exciting white water.

Cost.

First taster session FREE.
Annual membership from £25.

Contacts.

	Telephone	Email
Trevor Procter	01257 278861	trevprocter@aol.com
Jim Fishwick	01257 275182	
Bob Winder	01704 822708 (Baths)	EuxtonCC@winder.demon.co.uk

For more information, see out website: www.euxtoncanoeclub.co.uk

Please Note.

You may get wet – very wet. We can't guarantee the weather.
The lake is not heated. We have no showers or changing rooms.
On the other hand it may be sunny. You don't have to get wet.
You will be on a large, picturesque lake in a country park.
It's not hard work! You may even enjoy it!



Invitation

We would like to invite all-comers to sample canoeing at our regular sessions, in particular women and girls to our beginners groups during our regular lake sessions at Big Lodge in Yarrow Valley Country Park.

Minimum age: 10 yrs, and you must be able to swim.